

YOUR CHILD'S

Visual Motor

MILESTONES

0-6 MONTHS

- At this stage, your child is tracking with their eyes.
- They are reaching toward and touching a toy.
- They are bringing their hands to midline when grasping a toy.
- They are likely beginning to reach with both hands simultaneously.

6-12 MONTHS

- At this stage, your child can transfer blocks/toys from one hand to the other.
- They can initiate reaching for small objects with one hand.
- They are likely banging toys together.
- Your child is probably dropping small objects into a cup.

12-18 MONTHS

- At this stage, your child is likely scribbling spontaneously.
- They can stack 2-3 blocks.
- They can place large puzzle pieces in a pegged puzzle board.
- They are pointing to objects with their finger.
- They are likely turning pages of a board book.

18-24 MONTHS

- At this stage, your child is likely imitating vertical lines.
- They can stack 4-6 blocks.
- Your child is likely able to insert shapes into a formboard.
- They can turn a picture right side up when it is presented to them upside down.
- They are likely matching pictures to real objects.

2-3 YEARS

- At this stage, your child is likely imitating vertical, horizontal, and circular pre-writing lines.
- They can stack 8-10 blocks and imitate a 3-4 block design.
- Your child should be starting to use scissors for snipping.
- They can likely fold a piece of paper without aligning the edges.

3-4 YEARS

- At this stage, your child is likely copying a cross and tracing around the edge of a basic shape.
- They can draw a person with 3 distinct parts.
- They can cut within 1/2 inch of a straight line.
- Your child is likely able to kick a ball that is rolled to them.

4-5 YEARS

- At this stage, your child is likely copying squares, diagonal lines, and an X.
- They can imitate specific letters.
- They may begin to imitate and copy their own name.
- They are likely drawing a person with 6 distinct parts.
- Between the ages of 3 and 5, your child is likely starting to demonstrate more precise coloring within the lines.
- They are probably able to cut out an outlined circle.
- They can catch a large ball from 3 feet away.
- They can sort by color, size, and shape.

5-7 YEARS

- Between the ages of 5 and 6, your child is likely capable of copying most letters and may also be able to print some letters from memory. It is common to observe greater accuracy with uppercase letters initially.
- They can print their own name.
- Your child is likely able to complete interlocking puzzles with 6-12 pieces.
- They can connect two dots.
- By age 7, they should be capable of aligning their writing to the writing line and writing three or more simple words without copying.
- Around the ages of 6-7, your child is likely copying 2-3 letters from the board at a time.